



AOA 2024

Springfield, IL Convention

CME ACTIVITIES DAY 1

Friday, Aug 9th Agenda

Time	Topic	Speaker	Objectives
7:15- 7:45	Meet the Professor <i>*This session is not designated for CME credit.</i>	Drs. Varun Puri (Washington University, St. Louis), Sumit Bhagra (Mayo Clinic Health System, and Sachin Kedar (Emory University) -Roundtable Career Discussion with Trainees	
7:55- 8:00	Welcome and Introductions	Dr. Ruchika Goel and Dr. Preet Paul Singh	Setting the stage for the meeting
Session 1 - HEAL THE HEALER: Tracing the journey from Sleep to Diet to Medical/Surgical Management: Practice Changing Literature in the Last Decade Moderators: Drs. Sumit Kumar and Sahil Khanna			
8:00- 8:20	Sleep and Wellness	Dr. Rohit Budhiraja, Harvard University	Explain the importance of sleep in wellness and metabolic disease
8:20- 8:40	The Seven Things You Always Wanted To Know About Diet But Were Afraid To Ask	Dr. Pankaj Vij, Permanente Medical Group	Explain the importance of diet and lifestyle in wellness and metabolic disease
8:40 - 9:00	Role of Yoga and Integrative Medicine in Wellness	Dr. Kavita Munday, Medical College of Wisconsin	Explain the importance of yoga and integrative medicine interventions in wellness and metabolic disease
9:00- 9:20	GLP-1 Receptor Agonists: Innovative Therapeutic Strategies in Obesity and Diabetes Management	Dr. Sumit Bhagra, Mayo Clinic Health System	Updates in obesity and diabetes management and the role of novel anti-obesity medications in wellness and lifestyle.
9:20-9:40	Surgical Management Of Metabolic Syndrome	Dr. Shireesh Saurabh, Swedish Health, Seattle	Discuss the role of bariatric surgery in management of obesity and metabolic syndrome.
9:40-10:00 Networking Break (TBD)			
Keswani Memorial Lecture			
10:00-10:10	Introduce Dr. Keswani, the lectureship and the awardee		
10:10-11:00	Keswani lecture by Dr. Rajiv Tandon , 1974 Batch, Professor Emeritus, Western Michigan University, MI TITLE: Burnout, Depression, and Physician Suicide: A Call to Action		
Session 2 - Cutting Edge Innovations in Medicine: What is the next big thing? Moderator: Drs. Devi Krishnamurthy and Roopina Sangha			
11:00-11:20	Advances in the Management of Arrhythmias and Stroke Prevention	Dr. Amit Noheria, University of Kansas Medical Center	Discuss latest updates in management of arrhythmias and stroke prevention
11:20-11:40	Global Advances in Adult Cardiac Resuscitation	Dr. Vemuri Murthy, University of Illinois Chicago	Discuss latest global updates in adult out-of-hospital cardiac arrests
11:40-12:00	Approach to Dementias and Other Neurodegenerative Disorders	Dr. Rohit Dhall, University of Arkansas	Discuss updates in management of dementia and other neurodegenerative disorders
12:00-12:20	Multi-omics Approach To Identify A Novel Gene-Disease Association	Dr. Himanshu Goel, University of Newcastle, Australia	Discuss the role of genetics in disease using a novel multi-omics approach
12:20 - 1:00 Lunch Break			
12:20-12:40 Against All Odds: JSS, A Story of Determination, Drive and Dedication And Acute Critical care Training for Clinicians in India Dr. Ajay Sharma, Royal Liverpool University Hospital, Manchester, UK			
13:00-13:30	Yaadein: A trip down the memory lane	Session led by the 1974 (50th anniversary) batch	Discuss medical school training successes and sorrows and implications for future trainees
13:30-14:00	Physician burn out, physician self-care, WHAT can AOA do for the next generation of trainees?	Open discussion led by invited AOA experts	Discuss burnout, mental health support and suicide in medical students and physicians along with strategies for prevention
14:00 - 15:15 Oral Abstracts judging by faculty (Drs. Jairam Krishnamurthy and Shipra Arya) and CME committee <i>*This session is not designated for CME credit.</i>			



Certificate of Attendance

All other attendees will receive a Certificate of Attendance.

Accreditation Statement

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Southern Illinois University School of Medicine and AIOSONIANS of America. The SIU School of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Physicians

The SIU School of Medicine designates this live activity for a maximum of 11.0 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.



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CME ACTIVITIES DAY 2

Saturday, Aug 10th Agenda

Time	Topic	Speaker	Objectives
7:15 - 7:45	Meet the Professor *This session is not designated for CME credit.	Drs. Ayan Sen (Mayo Clinic, Phoenix, AZ), Shipra Arya (Stanford University), and Sahil Khanna (Mayo Clinic, Rochester, MN) -Roundtable Career Development Discussion With Trainees	
7:55 - 8:00	Welcome and Introductions	Dr. Ruchika Goel and Dr. Preet Paul Singh	Lay out the plan for Day 2 of CME
Session 3 - The Art and Science of Transplantation Moderators: Drs. Deepta Ghate and Sunil K. Agarwal			
8:00-8:20	The Heart of Innovation: Advances in heart failure management and transplantation	Dr. Aabha Divya, Harvard Medical School	Discuss updates in management of advanced heart failure and cardiac transplantation
8:20-8:40	Renal Transplantation: Smarter than ever before!	Dr. Gaurav Gupta, VCU Richmond	Discuss updates in renal transplantation
8:40-9:00	Pancreatic Transplantation: Sweet Success	Dr. Neeraj Singh, LSU Shreveport	Discuss updates in pancreatic transplantation
9:00-9:20	Just Breathe: Updates in Lung Transplantation	Dr. Varun Puri, Washington University in St. Louis	Discuss novel developments in lung transplantation
09:20-09:40 Networking and Tea Break			
Session 4 - Alternate Career Pathways /Entrepreneurship Experiences by AIMSONIANS Moderators: Drs. Puneet Arora and Namrata Singh			
09:40-10:00	You are so much more than what you think you are Alternate Career Paths	Dr. Divya Shakti, Takeda Pharmaceuticals	Review alternative career pathways for physicians - collaborating with government and industry.
10:00-10:20	Journey Towards Administrative Leadership in a Health Care Set Up	Dr. Amita Rastogi, Oxbridge Health	Discuss the journey from clinical to an administrative leadership position in Medicine
10:20 - 10:40	AI/NLP/LLM in action - How to Start and Scale A Digital Health Care Company	Dr. Lijo Simpson, Atlanta Cancer Care	How to run a startup for Medical Education
10:40-11:00	Monetary Wisdom: Concepts and Applications For Your Medical Practice and More!	Dr. Vivek Sharma, Equity Wealth Solutions	Discuss Financial management skills crucial for physicians financial well-being.
Knowledge Assessment Hour: Medical Jeopardy			
11:00-11:40	Medical Jeopardy & 	Dr. Ruchika Goel Dr. Preet Paul Singh Dr. Sunil Agarwal	Active CME and Kahoot game with questions
11:40 - 12:20 Lunch Break			
Session 5- Challenges for the Modern-Day Physician Moderators: Drs. Vinay Chaudhry and Gurdes Bedi			
12:20-12:40	AI and Medicine: Why are we behind and what will it take to catch-up?	Dr. Anil Chauhan, Univ. of Kansas Medical Center, Kansas City	Discuss how can the modern-day practitioner integrate AI in their day to day practice.
12:40-13:00	What to do With a Newly Diagnosed Monoclonal Protein?	Dr. Shaji Kumar, Mayo Clinic Health System, Rochester	Discuss the therapeutic landscape from monoclonal gammopathies to multiple myeloma.
13:00-13:20	Visiting Charaka in 2024- A Case Study on Pemphigus Vulgaris	Dr. A Razzaque Ahmed, Tufts University, Boston	Discuss learnings from Charaka as they apply to the current state-of-the-art for managing common to rare dermatological disorders
13:20- 13:40	Management of Acute Pulmonary Embolism	Dr. Tilotama Majumdar, University of Alabama, Birmingham	Discuss updates in medical and interventional management of pulmonary embolism
13:40 - 14:00	Medical Education Today: Post-Flexner Era!	Dr. Meenakshi Alreja, Yale University	Discuss the changing paradigms and innovations in medical education



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