

LEARNING OBJECTIVES

The goal of this annual conference of the AllMSonians of America is to educate its membership about exciting discoveries and practice-changing advances in medical research and technology, across medical and surgical specialties. The 2026 conference will focus on advances in the areas of Artificial Intelligence in medicine, preventive health and lifestyle medicine, cardiology, oncology, global health and pandemic preparedness, pediatric and adolescent health, and futuristic medicine including gene therapy and xenotransplantation.

The 2026 Keswani Memorial Lecture will focus on the speaker's personal journey in the field of cardiac electrophysiology, with lessons for every clinician.

CME Session Objectives

1. Gastroenterology

- Summarize key concepts in functional gut disorders and inflammatory bowel disease
- Discuss emerging strategies for colorectal cancer prevention, including vaccines
- Explain the role of the gut microbiome in cancer development and therapy
- Apply evidence-based approaches to managing irritable bowel syndrome and related conditions
- Engage in interactive discussion and Q&A to address clinical challenges in gastroenterology

2. Public Health

- Examine regulatory frameworks for FDA and international clinical trials
- Discuss the rising burden of cardiometabolic disease in South Asian populations
- Review strategies for managing high-containment pathogens from tuberculosis to SARS-CoV-2
- Evaluate global approaches to tobacco control and cancer prevention
- Engage in interactive discussion and Q&A to address public health challenges

3. Future of Medicine

- Discuss strategies for incorporating active learning in medical education
- Describe advances in the management of ESRD and CKD
- Discuss incidence and management of dementia in aging patients

4. Research

- Understand directions of new research by medical trainees and their mentors

5. Oncology

- Review evolving approaches to pancreatic cancer management, shifting from terminal to chronic care models
- Compare surgical oncology practices and perspectives from India and the United States
- Understand the role of blood-based diagnostics in cancer detection and monitoring
- Identify key strategies for cancer prevention from global and expert insights
- Engage in interactive Q&A to address practical challenges in oncology care

6. Cardiovascular Medicine

- Review the role of GLP-1 agonists and other pharmacologic options for weight management
- Summarize current evidence on statins and emerging antilipidemic therapies
- Identify key considerations for internists in managing congenital heart disease
- Discuss advances in heart failure treatment, including pharmacologic and device-based strategies
- Explore updates in atrial fibrillation management and stroke prevention
- Engage in moderated discussion on blood pressure management in peripheral arterial disease

6. Beyond Medicine

- Discuss the benefits of physician self-care and wellness programs
- Reinforce CME learning through interactive audience participation activities, including MCQs and gamified quizzes

DAY ONE - FRIDAY, AUGUST 7, 2026

7:00-8:00			Registration & Breakfast		
<i>Mentorship Roundtables—Meet the Professors</i>		<i>Drs. Shailender Bhatia, M.K. Devi, Varun Puri</i>			
<i>Social Media Roundtables—Meet the Influencers</i>		<i>Drs. Abhinav Singh Verma, Saurabh Sethi</i>			
<i>Research Roundtables—Meet the Scientists</i>		<i>Drs. Turaga Kiran, Shaji Kumar, Rajiv Agarwal</i>			
8:00-8:10			Official Welcome		
Dr. Mallika Gupta					
Session 1 - Gastroenterology			Moderators: Drs. Sajan Jiv Singh, Gaurav Arora		
8:10	Functional Gut Disorders	Dr. Anjan Bhattacharya			
8:25	Inflammatory Bowel Disease	Dr. Siddharth Singh			
8:40	Vaccine for Colon Cancer	Dr. Ajay Bansal			
8:55	Advances in Gastroenterology	Dr. Ekta Gupta			
9:10	Microbiome & Cancer	Dr. Vikas Dudeja			
9:25	Audience MCQs and Discussion	CME Committee & Panel			
9:40-10:00			Coffee Break		
Session 2 - Public Health			Moderators: Drs. Shipra Arya & Vibhor Krishna		
10:00	FDA & International Clinical Trials	Dr. Geetika Srivastava			
10:20	Quality and Safety	Dr. Hardeep Singh			
10:35	High Containment Pathogens	Dr. Sanjay Jain			
10:50	Cardiometabolic Disease in South Asians	Dr. Dinesh Kalra			
11:05	Tobacco Control & Cancer Prevention	Dr. Dileep Bal			
11:35	Moderated Audience Q&A with Dr. Bal				
11:45	Audience MCQs and Discussion	CME Committee & Panel			
12:00-13:00			Lunch		
<i>Business Roundtables—Meet the Entrepreneurs</i>		<i>Arpit Rao, VK Sharma</i>			
<i>Leadership Roundtables—Meet the Leaders</i>		<i>Geetika Khanna, Sai Yendamuri, Hardeep Singh</i>			
<i>Bookwriting Roundtables—Meet the Authors</i>		<i>Sanjiv Chopra, Pankaj Vij, Narayan Verma, Kriti Puri</i>			
Session 3 - Future of Medicine			Moderators: Drs. Nidhi Aggarwal & Puneet Sood		
13:00	Active Learning in Medical Education	Dr. Sharad Mathur			
13:15	AI in Medicine	Dr. Amik Sodhi			
13:30	Aging and Dementia	Dr. Abhinav Diwan			
13:45	Precision Therapeutics for Mendelian Disorders	Dr. Radhika Dhamija			
14:00	Advances in CKD and ESRD	Dr. Gaurav Gupta			
14:15	Audience MCQs and Discussion	CME Committee & Panel			
14:30-14:45			Coffee Break		
Session 4 - Research Judges:					
Drs. Neeraj Singh, Anurag Mehta, Nikhil Chawla, Snigdha Jain, Kartik Sehgal, Srikant Das					
14:45	Research Abstracts (12 presentations, 4 min each)	Trainees			
15:45	Audience MCQs and Discussion	CME Committee & Panel			
16:00	Adjourn Day One				

DAY TWO - SATURDAY, AUGUST 8, 2026

7:00-8:00		<i>Registration & Breakfast</i>	
<i>Mentorship Roundtables—Meet the Professors</i>		<i>Drs. Shailender Bhatia, M.K. Devi, Kamal Gupta</i>	
<i>Social Media Roundtables—Meet the Influencers</i>		<i>Drs. Abhinav Singh Verma, Saurabh Sethi</i>	
<i>Research Roundtables—Meet the Scientists</i>		<i>Drs. Turaga Kiran, Shaji Kumar, Rajiv Agarwal</i>	
Session 5 - Oncology		Moderators: Drs. Shitanshu Uppal & Nitin Jain	
8:00	Blood Based Diagnostics in Cancer Monitoring	Dr. Ravi Rao	
8:15	ENT Cancers in Asians	Dr. Sunil Kumar	
8:30	Advances in Cancer Therapeutics	Dr. Anirban Maitra	
8:45	CART Therapy	Dr. Esha Kaul	
9:00	Pearls from Expert Padma Shri on Cancer Prevention	Dr. Neerja Bhatla	
9:30	Audience Q&A with Padma Shri & Dr. Neerja Bhatla		
9:40	Audience MCQs and Discussion	CME Committee & Panel	
9:55-10:15		<i>Coffee Break</i>	
Session 6 - Cardiovascular Medicine		Moderator: Drs. Malini Madhavan & Utkarsh Kohli	
10:15	Moderated Discussion: Peripheral Arterial Disease	Dr. Saket Girotra	
10:35	Congenital Heart Disease	Dr. Pankaj Madan	
10:50	Advances in Heart Failure – From Drugs to Devices	Dr. Abhishek Jaiswal	
11:05	<i>Keswani Lecture: Cardiac Arrhythmology: From Pulse to Digital Science, A View From the Front Row</i>	Dr. Sanjeev Saksena	
11:35	Moderated Discussion and Audience Q&A with Dr. Saksena	Drs. Madhavan and Kohli	
11:45	Audience MCQs and Discussion	CME Committee & Panel	
12:00-13:00		<i>Lunch</i>	
<i>Business Roundtables—Meet the Entrepreneurs</i>		<i>Arpit Rao, VK Sharma</i>	
<i>Leadership Roundtables—Meet the Leaders</i>		<i>Varun Puri, Geetika Khanna, Sai Yendamuri</i>	
<i>Bookwriting Roundtables—Meet the Authors</i>		<i>Sanjiv Chopra, Pankaj Vij, Kriti Puri</i>	
Session 7 - Beyond Medicine			
13:00	Audience Participation—Jeopardy! CME topics	Drs. Arjun Gupta & Preetpaul Singh	
14:00	Social Work by AoA Members	Dr. Rajesh Kabra	
14:30	<i>Adjourn Day Two</i>		

CONFERENCE FACULTY

Rajiv Aggarwal —Professor Emeritus of Medicine, Indiana University School of Medicine, Indianapolis, IN
Nidhi Aggarwal —Associate Professor, Nephrology, Baylor University, Waco, TX
Gaurav Arora —Gastroenterologist; President and Founder, Texas Digestive Care, Denton, TX
Shipra Arya —Professor of Surgery; Director of Quality; Section Chief—Vascular Surgery, VA Palo Alto Healthcare System, Stanford University School of Medicine, Stanford, CA
Dileep Bal —Clinical Professor, Cancer Center, Department of Family Medicine & Community Health, John A. Burns School of Medicine, Honolulu, HI
Ajay Bansal —Professor, Gastroenterology, Hepatology & Motility, University of Kansas Medical Center, Kansas City, KS
Anjan Bhattacharya —Assistant Professor, Department of Psychiatry and Behavioral Sciences, Emory University, Atlanta, GA
Neerja Bhatla —Professor & Head, Obstetrics and Gynecology, All India Institute Of Medical Sciences, New Delhi, India
Shailender Bhatia —Professor, Division of Hematology and Oncology; Lyn and Daniel Lerner Endowed Chair for Merkel Cell Carcinoma, University of Washington and Fred Hutchinson Cancer Center, Seattle, WA
Nikhil Chawla —Assistant Professor; Director for Quality & Safety, Surgical Intensive Care Unit, Anesthesiology, Yale School of Medicine, New Haven, CT
Sanjiv Chopra —Professor of Medicine, Harvard Medical School; Senior Consultant in Hepatology, Beth Israel Deaconess Medical Center, Boston, MA
Srikant Das —Professor, Pediatric Cardiology, Electrophysiology/Interventional Cardiology, Texas Children’s Hospital, Baylor College of Medicine, Waco, TX
Radhika Dhamija —Associate Professor of Medical Genetics; Assistant Professor of Neurology, Mayo Clinic, Rochester, MN
Abhinav Diwan —Professor; Division Chief of Cardiology, Saint Louis VA Medical Center, Washington University, Saint Louis, MO
Vikas Dudeja —Professor; E.A. Crowell Jr. Chair of the Department of Surgery, University of Iowa Health Care, Iowa City, IA
Saket Girotra —Professor, Cardiology, UT Southwestern Medical Center, Dallas, TX

Arjun Gupta —Assistant Professor, Division of Hematology, Oncology and Transplantation, University of Minnesota, Minneapolis, MN
Ekta Gupta —Chief of Gastroenterology, University of Maryland Medical Center—Midtown Medical Center, Baltimore, MD
Gaurav Gupta —Chief, Division of Nephrology, Virginia Commonwealth University, Richmond, VA
Mallika Gupta —Assistant Professor, Transplant Nephrology, Nephrology and Hypertension, University of Kansas Medical Center, Kansas City, KS
Nitin Jain —Professor, Department of Leukemia, Division of Cancer Medicine, The University of Texas MD Anderson Cancer Center, Houston, TX
Sanjay Jain —Professor; Director, Division of Infectious Diseases, Dept of Pediatrics Cincinnati Children’s Hospital, Cincinnati, OH
Snigdha Jain —Assistant Professor, Pulmonary & Critical Care, Yale School of Medicine, New Haven, CT
Abhishek Jaiswal —Cardiologist, Hartford Hospital, Hartford, CT
Rajesh Kabra —Cardiac Electrophysiologist; Director of Clinical Operations, Kansas Heart Rhythm Institute; Overland Park, KS
Dinesh Kalra —Professor; Chief, Division of Cardiovascular Medicine, University of Louisville, Louisville, KY
Esha Kaul —Director, Medical Oncology, Hematology, and Bone Marrow Transplant, Medanta Hospital, Noida, Uttar Pradesh, India
Geetika Khanna —Professor, Radiology and Pediatrics, Emory University; Chief, Children’s Healthcare of Atlanta, Atlanta, GA
Turaga Kiran —Professor; Division Chief, Surgical Oncology, Surgery, Yale University, New Haven, CT
Utkarsh Kohli —Professor, Pediatric Electrophysiology, Nicklaus Children’s Hospital, Miami, FL
Vibhor Krishna —Associate Professor, Neurosurgery, University of North Carolina, Chapel Hill, NC
Devi Mukkai Krishnamurthy —Associate Professor, Colorectal Surgery, University of Utah Health, Salt Lake City, UT
Shaji Kumar —Professor, Research Chair, Division of Hematology, Mayo Clinic, Rochester, MN

CONFERENCE FACULTY (CONTINUED)

Sunil Kumar—Professor & Head, Surgical Oncology, All India Institute Of Medical Sciences, New Delhi, India

Pankaj Madan—Medical Director, Adult Congenital Heart Disease Program, University of Texas Health, San Antonio, TX

Malini Madhavan—Cardiac Electrophysiologist, Mayo Clinic, Rochester, MN

Anirban Maitra—Professor of Pathology; Associate Director of Translational Research, Perlmutter Cancer Center, NYU Langone Health, New York, NY

Sharad Mathur—Associate Chief of Staff for Education; Service Chief, Pathology and Laboratory Medicine, Kansas City VA Medical Center, University of Kansas Medical Center, Kansas City, KS

Anurag Mehta—Assistant Professor, Cardiology, Emory University, Atlanta, GA

Sajan Nagpal—Gastroenterologist, MNGi, Minneapolis, MN

Amit Noheria—Associate Professor, Cardiovascular Medicine, University of Kansas Medical Center, Kansas City, KS

Kriti Puri—Assistant Professor, Critical Care Medicine, Texas Children's Hospital, Baylor College of Medicine, Waco, TX

Varun Puri—Professor, Chief, Thoracic Surgery, Washington University School of Medicine, Saint Louis, MO

Arpit Rao—Associate Professor, Hematology and Oncology; the Chair of the Prostate Cancer Program, Dan L. Duncan Comprehensive Cancer Center, Baylor College of Medicine, Houston, TX

Ravi Rao—Medical Oncologist-Hematologist, California Cancer Associates, Fresno, CA

Sanjeev Saksena—Professor, Cardiac Electrophysiology; Founder, Electrophysiology Research Foundation, Rutgers-Robert Wood Johnson Medical School, New Brunswick, NJ

Kartik Sehgal—Director, Thyroid Cancer Center, Dana-Farber Cancer Institute, Harvard University, Boston, MA

Saurabh Sethi—Gastroenterologist & Influencer, saurabhsethimd.com, Fremont, CA

Virender K. Sharma—Gastroenterologist; Founder, AZ Center For Digestive Health, Abrazo Medical Group, Gilbert, AZ

Hardeep Singh—Professor; Co-Chief, Health Policy, Quality and Informatics (HPQI), Michael E. DeBakey VA Medical Center, Houston, TX

Neeraj Singh—Professor; Medical Director, Kidney and Pancreas Transplant Program, Robert Wood Johnson Medical School, New Brunswick, NJ

Preetpaul Singh—Hematologist-Oncologist, Springfield Clinic, Springfield, IL

Siddharth Singh—Gastroenterologist, Mayo Clinic, Scottsdale, AZ

Amik Sodhi—Associate Professor, Pulmonary & Critical Care Medicine, University of Wisconsin School of Medicine and Public Health, Madison, WI

Puneet Sood—Professor, Medical Director, Kidney Transplantation, University of California San Francisco, San Francisco, CA

Geetika Srivastava—Oncologist-Hematologist; Project Lead, FDA Oncology Center of Excellence (OCE) Project Asha, Washington DC Veterans Affairs Medical Center, Washington, DC

Shitanshu Uppal—Professor; Chief, Division of Gynecology Oncology; GME Lead for Quality Improvement and Patient Safety Education, University of Michigan, Ann Arbor, MI

Abhinav Singh Verma—Resident, Psychiatry, Metrohealth, Cleveland, OH

Pankaj Vij—Physician; Author; Founder, Crack the Wellness Code, Kaiser Permanente, Pleasanton, CA

Sai Yendamuri—Thoracic Surgeon; Chief Strategy Officer, Senior Vice President of Strategy, Business Development and Outreach, Roswell Park Comprehensive Cancer Center, Buffalo, NY



**We look forward to
seeing you**

